

TESTIMONIALS

I have learnt a lot of skills and feel I have a huge improvement of my confidence in putting these skills into action.

This course gave me the skills to help deal with difficult customers, clients and family members.

I've done a lot of mental health training lately, including Cert IV in Mental Health - this course has been the best by a LONG margin!

I absorbed everything in this course - it was easy to follow, fun, reinforced good habits, gave me new tools and inspired me to practice skills.

A life-changing experience for me on a personal and professional level.

Best workshop I have been on in a long time.

I really enjoyed this course and felt very validated.

I loved the workshop and how it dealt with home and work situations.

I'm so glad I have had the opportunity to attend this course and have learnt so much. Will definitely recommend this course to others. Lifeline does a great job, keep up the good work. Thank you.

As soon as I walk out of the room I feel like I can put these new skills into practice.

I like that the workshop was run over two days. There was a lot of information but I didn't feel overwhelmed.

